



30 Minutes and A Smile

Every Saturday morning, Shabbat services are followed by a lovely kiddush. When there is a B-Mitzvah, volunteers are needed to welcome congregants and guests and help with serving the food (no food prep or clean up is involved). Each B-Mitzvah family is required to participate in the serving of one kiddush. This experience is a wonderful opportunity to see how the kiddush is prepared and to join in the excitement of the congregation's life cycle events. Serving at a kiddush is an important way to build Beth El's sense of community.

You can choose the date that you would like to do this mitzvah. Each B-Mitzvah child and one parent/guardian need to sign up but other family members are welcome to help as well. We encourage you to serve before the date of your B-Mitzvah, but it can be done at any time during the year that your simcha occurs.

Signing up is easy! Visit www.bethelmc.org/kiddush and click on the large blue button to access SignUpGenius. Select a date that works for your family and click "Sign Up". Then, click "Save & Continue" at the bottom of the page ("Submit & Sign Up" on your phone). Put the names of the people who will be volunteering under "My Comment" and the number of people under "Quantity". Fill in your name and email address and click "Sign Up Now". Then, look forward to doing one of the happiest mitzvot at Beth El.

On the date you choose, you will need to arrive by 11:45 am (if you are attending services, leave at "Ein Keloheinu"). Check in with the Catering Volunteer who will provide you with an apron and assign you to a table. You will serve until about 15 minutes after the service ends. After serving, there will be plenty of time for you to fill your own plate and enjoy lunch and socialize with friends, fellow congregants, and guests. If you enjoy the experience, we encourage you to sign up again, anytime.

All it takes is "30 Minutes and a Smile!"