



Please note: All services this year will be online. Please sign up at <https://bethelmc.org/bethelhhd> to receive Zoom information and access to our High Holiday virtual lobby, where you will be able to access all High Holiday services and virtual experiences.

5781 High Holiday Service Schedule

	BETH EL SANCTUARY SERVICE	KOL HANESHAMA SERVICE	FAMILY SERVICE (For families with children in K-5th grade)	JUNIOR CONGRE- GATION (For 5th-7th graders)	TEEN DISCUS- SION	NITZANIM (For families with children ages 1-6 years)
Erev Rosh Hashanah Friday, September 18 <i>Festival Evening Service</i>	Rabbis Harris, Werbin, Rudolph, and Hazzan Fradkin 6:30 pm	With Main Service				
Rosh Hashanah - Day 1 Saturday, September 19 <i>Festival Morning Service</i> Yoga Class 1:00-2:15 pm	Rabbi Harris and Hazzan Fradkin 9:00 am	Rabbi Emeritus Rudolph 10:00 am	Rabbi Minnen 10:30 am-Noon	10:30 am- Noon	11:00 am- Noon	9:30 am
Erev Rosh Hashanah - Day 2 Saturday, September 19 <i>Festival Evening Service</i>	Josh Dickstein 7:30 pm	With Main Service				
Erev Rosh Hashanah - Day 2 Saturday, September 19 <i>Ma'ariv and Meditation</i>	Hazzan Fradkin 7:30 pm					
Rosh Hashanah - Day 2 Sunday, September 20 <i>Festival Morning Service</i> Yoga 1:00-2:00 pm Shofar blowing 3:00 pm - See flyer for locations	Rabbi Werbin and Hazzan Fradkin 9:00 am	With Main Service	Rabbi Minnen 10:30 am-Noon	10:30 am- Noon	11:00 am- Noon	
Rosh Hashanah - Day 2 Sunday, September 20 <i>Tashlich Service</i>	Rabbi Werbin 4:30 pm Meet at the NIH field entrance by Maple Ridge Rd., behind Beth El					
Kol Nidre Sunday, September 27	Rabbi Harris and Hazzan Fradkin 6:15 pm	With Main Service				
Yom Kippur Monday, September 28 <i>Morning Service</i> 9:00 am <i>Torah Reading</i> 10:00 am <i>Sermon/Yizkor</i> 11:00 am <i>Musaf</i> 11:30 am <i>Yoga</i> 1:00 pm <i>High Holiday Seminar</i> 3:30 pm <i>Mincha</i> 5:00 pm <i>Neilah</i> 6:00 pm <i>Conclusion of Fast</i> 7:36 pm	Rabbi Werbin and Hazzan Fradkin	Rabbi Emeritus Rudolph 10:00 am Service concludes with Musaf and Yizkor	Rabbi Minnen 10:30 am-Noon	10:30 am- Noon	11:00 am- Noon	9:30 am



5781 High Holiday Information

High Holiday Information

Information regarding High Holiday Services and other important details are included in this mailing. Take a few moments to review it, and feel free to call the office at 301-652-2606 if you have any questions. **Rosh Hashanah begins Friday evening, September 18. Be sure to complete your High Holiday Registration Form as soon as possible at <https://bethelmc.org/bethelhhd>.**

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High Holiday Services

Main Service in Beth El Bender Sanctuary

The service will be live streamed through our High Holiday virtual lobby. The Conservative movement's High Holiday prayerbook, *Machzor Lev Shalem*, is used.

Kol Haneshama

Rosh Hashanah and Yom Kippur (through the end of Musaf)

The service will be live streamed through our High Holiday virtual lobby. A mix of tradition and innovation, music, and ideas. This year, Rabbi Emeritus Bill Rudolph and Gail Fribush are joining Sid Getz and Sharon Fine in organizing and conducting the services. There will be specially recorded music from Marak Hayom, as well as pre-recorded music from other sources. The pre-recorded music will include musical instruments.

Beth El Family Services (K-5th grades)

These services are designed to be intergenerational, bringing the entire family together for stories, songs, and prayers that elevate the themes of the High Holidays. This year we will also be including video clips from "special guest" musicians, as well as a live shofar service and Torah reading.

Junior Congregation

The Junior Congregation High Holiday services is geared for 5th-7th graders and will include elements of the traditional High Holiday services, Torah portions, and some discussion.

Nitzanim

All families with young children (up through age 6) are invited to join our Nitzanim services. The services are approximately a half hour long and geared toward engaging young children.

High Holiday Seminar

Join Rabbi Harris in dialogue with Reverend Sari Ateek from St. John's Episcopal Church during Yom Kippur as they explore concepts of social justice in their respective faith traditions.

Teen Discussions

All post-b'nai mitzvah youth are encouraged to attend one of the main services listed. In addition, they are invited to discuss themes of the High Holidays with members of Beth El Religious School's Upper School faculty at approximately 11:00 am on both days of Rosh Hashanah and on Yom Kippur.

Ma'ariv and Meditation

In addition to the regular Rosh Hashanah evening services at 7:00 pm on Saturday, September 19, we are continuing Ma'ariv and Meditation. We will have a second chance to look back, look within, and settle ourselves on the path of spiritual renewal.

Tashlich

Rabbi Werbin will conduct a Tashlich service on the second day of Rosh Hashanah, Sunday, September 20, at 4:30 pm. We will meet at the big NIH field entrance by Glenwood and Maple Ridge Road, behind Beth El. Please wear a mask and respect social distancing guidelines. Space is limited. Sign up at <https://www.bethelmc.org/betheltashlich>.

Adult Yoga Classes

This year, we are offering three yoga classes for adults, one on each day of Rosh Hashanah and one on Yom Kippur. These classes are for participants of all levels. No prior yoga experience is required.

Scan this QR code for quick access to our High Holiday sign-up form!

