Amidah- Avot v'Imahot

- 1. Adonai, open my lips that my mouth may speak Your praise.
- 2. Blessed are you, Adonai. our God and God of our ancestors,
- 3. God of Abraham, God of Isaac, God of Jacob,
- 4. God of Sarah, God of Rebecca, God of Rachel, and God of Leah,
- 5. Great, mighty, awe-inspiring, transcendent God, who acts with kindness and love,
- 6. and creates all, who remembers the loving deeds of our ancestors, and
- who will lovingly bring a redeemer to their children's children for the sake of divine honor.
- 8. You are the sovereign who helps and guards, saves and shields.
- 9. Blessed are you, Adonai, Shield of Abraham and Guardian of Sarah.

Amidah- Gvurot

- 1. You are ever mighty, Adonai- You give life to the dead- Great is Your saving power.
- 2. [From Shmini Atzeret to Pesach] You cause the wind to blow and the rain to fall.
- 3. You sustain the living through kindness and love, and with great mercy give life to the dead,
- 4. You support the falling, heal the sick, loosen the chains of the bound,
- 5. And keep faith with those who sleep in the dust.
- 6. Who is like You, Almighty, and who can be compared to You?
- 7. The sovereign who brings death and life and causes redemption to flourish.
- 8. You are faithful in bringing life to the dead.
- 9. Blessed are you, Adonai, who gives life to the dead.

Amidah-Kedusha

- We hallow Your name in this world as it is hallowed in the high heavens, as Your prophet Isaiah described:
- 2. Each cried out to the other:
- 3. "Holy, holy, holy is Adonai Tzvaot, the whole world is filled with God's glory!"
- 4. Then in thunderous voice,
- 5. Rising above the chorus of seraphim, other heavenly beings call out words of blessing:
- 6. "Praised is Adonai's glory wherever God dwells"
- 7. Our sovereign, manifest Yourself from wherever You dwell, and rule over us, for we await You.
- 8. When shall You rule in Zion? Let it be soon, in our day, and throughout all time.
- 9. May you be exalted and sanctified in Jerusalem, Your city, from one generation to another, forever and ever.
- 10. May our eyes behold Your dominion, as described in the songs of praised offered to You by David, rightfully anointed:
- 11. "Adonai will reign forever; your God, O Zion, From generation to generation.

 Halleluyah!"
- 12. From generation to generation we will declare Your greatness, and forever sanctify You with words of holiness.
- 13. Your praise will never leave our lips, for you and God and Soverign, great and holy.
- 14. Blessed are You, Adonai, the Holy God.

Oseh Shalom

- 1. May the one who creates peace on high
- 2. bring peace to us
- 3. and to all Israel [and to all who dwell on Earth].
- 4. And we say: Amen.

Modim

- 1. We thank You,
- 2. for You are ever our God and the God of our ancestors;
- 3. You are the bedrock of our lives, the shield that protects us in every generation.
- 4. We thank You and sing Your praises-
- 5. For our lives that are in Your hands,
- 6. For our souls that are under Your care,
- 7. For your miracles that accompany us each day,
- 8. And for Your wonders and Your gifts that are with us each moment- evening, morning and noon.
- 9. You are the one who is good, whose mercy is never-ending; the one who is compassionate, whose love is unceasing. We have always placed our hope in You.
- 10. For all these blessings may Your name be praised and exalted, our sovereign,
- 11. Always and forever.
- 12. May all that lives thank You always, and faithfully praise Your name forever,
- 13. God of our deliverance and help.
- 14. Blessed are You, Adonai, Your name is goodness and praise of You is fitting.

Sim Shalom

- 1. Grant peace to the world, goodness and blessing,
- 2. Grace, love, and compassion,
- 3. For us and for all the people of Israel.
- 4. Bless us, our creator, united as one with the light of Your presence;
- 5. By that light, Adonai our God, You have given us
- 6. A guide to life, the love of kindness,
- 7. Generosity, blessing, compassion, life, and peace.
- 8. May it please You to bless Your people Israel
- 9. At all times with Your gift of peace.
- 10. Blessed are You, Adonai, who blesses Your people Israel with peace.

Shalom Rav

- 1. Grant abundance and lasting peace to Your people Israel and all who dwell on earth,
- 2. For You are the sovereign master of the ways of peace.
- 3. May it please You to bless Your people Israel
- 4. At all times with Your gift of peace.
- 5. Blessed are You, Adonai, who blesses Your people Israel with peace.

Birkat Hamazon: Zimmun and 1st Blessing

Leader

1. My friends, let us offer blessings.

Others

2. May the name of Adonai be blessed, now and forever.

Leader

- 3. May the name of Adonai be blessed, now and forever.
- 4. With your assent, my friends, let us bless (our God,) the one of whose food we have partaken.

Others

5. Blessed be (our God,) the one of whose food we have partaken, and through whose goodness we are alive.

Leader

- 6. Blessed be (our God,) the one of whose food we have partaken, and through whose goodness we are alive.
- 7. Blessed be God and blessed be God's name.

- 8. Blessed are You, Adonai, our God, sovereign of time and space, who with goodness and graciousness,
- 9. Love and compassion, nourishes the entire world; God provides bread for all flesh, for God's kindness and love are eternal.
- 10. In accord with God's great name, in God's continual and abundant goodness we have not lacked, nor will we ever lack, sustenance.
- 11. For God nourishes and sustains all and is good to all, preparing nourishment
- 12. For all that God has created. Blessed are You, Adonai, who nourishes all.

Shalom Aleichem

- 1. Peace to you, ministering angels, messengers of the Most High, sent by the Sovereign,
- 2. The sovereign of all sovereigns, the Holy One, whom we bless.
- 3. Come in peace, angels of peace, messengers of the Most High, sent by the Sovereign,
- 4. The sovereign of all sovereigns, the Holy One, whom we bless.
- 5. Bless me in peace, angels of peace, messengers of the Most High, sent by the Sovereign,
- 6. The sovereign of all sovereigns, the Holy One, whom we bless.
- 7. Go in peace, angels of peace, messengers of the Most High, sent by the Sovereign,
- 8. The sovereign of all sovereigns, the Holy One, whom we bless.

Lecha Dodi

- 1. Come, my beloved, to welcome the bride; let us greet Shabbat as she arrives.
- 2. "Observe" and "remember" were uttered as one, we heard it thus from the singular One.
- 3. God's name is one and God is one, renowned with honor and deserving of praise.
- 4. Let us go out to greet Shabbat, sacred wellspring of blessing,
- 5. Conceived at the beginning of time, finally formed at the end of six days.
- 6. Shrine of our soverign, royal city, rise up from destruction and fear no more.
- 7. End your dwelling in the tear-filled valley, for God's compassion you will be upraised.
- 8. Awake! Rise up from the dust! Dress yourself in this people's pride.
- 9. By the hand of Yishai's son, of Bethlehem's tribe, bring my redemption without further delays.
- 10. Rouse yourself, rouse yourself. For your lamp it lit; let the flames rise up and glow.
- 11. Awake awake, utter songs of praise, for God's glory is revealed to your gaze.

- 12. Do not be embarrassed, do not be ashamed. Why are you downcast? Why do you moan?
- 13. The poorest of your people, trust in this: the city will be rebuilt as in ancient days.
- 14. Your despoilers shall be despoiled, your tormentors removed far away.
- 15. God and you will celebrate together, a bride and groom in joyful embrace.
- 16. You will spread out to the left and the right, acclaiming Adonai our God with delight.
- 17. Redeemed by the scion of Partzi's line, we shall joyously chant songs of praise.
- 18. Come in peace, crown of your spouse, surrounded by the gladness and joyous shouts.
- 19. Come to the faithful, the people You treasure with pride, come, my bride; come, my bride.

V'shamru

- 1. The people of Israel shall observe the Shabbat,
- 2. Maintaining it as an everlasting covenant throughout all generations.
- 3. It is a sign between Me and the people Israel for all time,
- 4. that in six days Adonai made the heavens and the earth,
- 5. And on the seventh day, ceased from work and rested.

Birkat Hamazon: Zimmun, 1st Blessing and 2nd Blessing

Leader

1. My friends, let us offer blessings.

Others

2. May the name of Adonai be blessed, now and forever.

Leader

- 3. May the name of Adonai be blessed, now and forever.
- 4. With your assent, my friends, let us bless (our God,) the one of whose food we have partaken.

Others

5. Blessed be (our God,) the one of whose food we have partaken, and through whose goodness we are alive.

Leader

- 6. Blessed be (our God,) the one of whose food we have partaken, and through whose goodness we are alive.
- 7. Blessed be God and blessed be God's name.

- 8. Blessed are You, Adonai, our God, sovereign of time and space, who with goodness and graciousness,
- Love and compassion, nourishes the entire world; God provides bread for all flesh, for God's kindness and love are eternal.
- 10. In accord with God's great name, in God's continual and abundant goodness we have not lacked, nor will we ever lack, sustenance.
- 11. For God nourishes and sustains all and is good to all, preparing nourishment
- 12. For all that God has created. Blessed are You, Adonai, who nourishes all.
- 13. We thank You, Adonai our God,
- 14. For having bestowed on our ancestors a delightful, good and spacious land;
- 15. For having taken us, Adonai our God, out the land of Egypt, redeeming us from slavery;
- 16. And for the covenant that You have sealed in our flesh; for Your Torah, with which You have instructed us,
- 17. For the laws, of which You have informed us; for the life, the kindness, and love that You have granted us;
- 18. And for the food that we eat, with which You nourish and sustain us always-
- 19. Each day, each season, and every hour.
- 20. For all this, Adonai our God, we thank You and bless You.
- 21. May the mouths of all that lives bless Your name, always and forever,
- 22. As it is written in Your Torah: "You shall eat and be satisfied and bless Adonai your God,

- 23. For the good land that God has given you."
- 24. Blessed are You, Adonai, for the land and the nourishment.