



Congregation Beth El

Alternative Spring Break 2016

Teen Civil Rights Journey

March 27-30, 2016



SOUTHEAST CIVIL RIGHTS JOURNEY

DAY ONE – Sunday, March 27

Late afternoon/evening: Arrive in ATL

Introduction to the journey

Leo Frank Site

Hear the story of Leo Frank, a New York Jew who moved to Atlanta, was falsely convicted of murder and was lynched. This has impacted the identity of Jews in the South since it occurred in 1915

Hotel: Holiday Inn Express 7905 Senoia Road Fairburn, GA 30213

DAY TWO – Monday, March 28

Breakfast at hotel

9 AM Leave for Montgomery, AL

11:30am(CST) Rosa Park Museum

Stand where the Civil Rights movement began and learn about the Montgomery Bus Boycott

1 PM Lunch

2:15 PM Southern Poverty Law Center

Hear about the work they do combating hate crimes & hate groups. See how Civil Rights is still a struggle today

3:45 PM Freedom Riders Exhibit outside of Greyhound Station

6:00pm Dinner and debriefing

Evening: Pool party

Hotel: Holiday Inn Express 9250 Boyd Cooper Parkway Montgomery, AL

DAY THREE – Tuesday, March 29

Breakfast at hotel

8:30 am Leave for Selma

9:30 am Tour Selma & The Edmund Pettus Bridge

Meet with someone who was beaten on the march and hear her story.

Learn about Rabbi Abraham Joshua Heschel and his involvement in the struggle.

12:30pm Lunch and depart for Birmingham

3:30pm Birmingham Civil Rights Institute

Explore museum about the Civil Rights movement

4:45pm Walking tour of Freedom Park & 16th Street Baptist Church

Get a walking tour by a Reverend who was a Civil Rights worker in Birmingham in the 50s & 60s and was arrested and had the dogs & hoses turned on him. See the historic church where 4 girls died in a bombing

Dinner

Depart for Atlanta

Hotel: Holiday Inn Express 7905 Senoia Road Fairburn, GA 30213

DAY FOUR – Wednesday, March 30

Breakfast at hotel

9:30 AM Names Project/AIDS Quilt

See the AIDS Quilt and hear the story of the quilt and the politics of AIDS in America.

Understand the fight for rights of the gay community in the 1980s.

11 AM Arrive at The King Center and wrap up journey at Dr. King's tomb

12 Noon Lunch

1 PM National Human and Civil Rights Museum

See the brand new museum that is devoted to understanding modern day Human Rights issues as well as understand the Civil Rights struggle.

3:30pm Depart for airport

BETH EL ALTERNATIVE SPRING BREAK

MARCH 27-30, 2016

Name: _____ **Grade (15-16):** _____

DATE OF BIRTH _____

ADDRESS: _____ CITY: _____ STATE: _____

PARTICIPANT'S EMAIL ADDRESS _____ PARENT'S EMAIL
ADDRESS _____

PARENT CONTACT INFORMATION

(IN CASE WE NEED TO REACH YOU IN THE EVENT OF AN EMERGENCY)

FATHER'S NAME _____ FATHER'S HOME PHONE () _____

FATHER'S WORK PHONE () _____ FATHER'S CELL PHONE () _____

MOTHER'S NAME _____ MOTHER'S HOME PHONE () _____

MOTHER'S WORK PHONE () _____ MOTHER'S CELL PHONE () _____

EMERGENCY CONTACT INFORMATION Please provide the following information for two people
in case neither parent can be contacted

1. NAME _____ RELATIONSHIP _____
PHONE _____
2. NAME _____ RELATIONSHIP _____
PHONE _____

INSURANCE INFORMATION

NAME OF INSURANCE COMPANY _____ POLICY NUMBER _____

PLEASE PROVIDE A COPY OF YOUR INSURANCE CARD, INCLUDING THE FRONT AND BACK SIDES

Please Complete and Mail Forms To:

Congregation Beth El, Attn: Alternative Spring Break,
8215 Old Georgetown, Rd, Bethesda, MD 20814

Checks Should Be Made To Congregation Beth El

**2016 BETH EL ALTERNATIVE SPRING BREAK, MARCH 27-30, 2016
ROOMING REQUESTS, MEDICAL INFORMATION, & PARENT RELEASE FORM**

Name: _____ **Grade (15-16):** _____

ROOMING REQUESTS:

Name 1: _____ Name 2: _____

Do You Have Any Special Medical Needs (Including Allergies)? Y N

If YES, please list condition, medical treatment, and dosage:

PLEASE NOTE: In order for us to best serve the needs of all participants in the program, it is imperative that you attach a note indicating any additional medical information that may help us treat your child (i.e. history of mental illness, depression, seizures, diabetes, etc.). Please DO NOT omit any information—acceptance to the program is NOT based on health history and all medical records are confidential.

COST & TRANSPORTATION:

The total cost for this amazing trip is only **\$1675**. The cost includes airfare, lodging, ground transportation, and most meals and snacks.

A \$350 deposit must be made by November 1, 2015 to secure your space on this trip, with the balance to be paid on or before January 15, 2016.

Early bird bonus – sign up and pay your deposit by September 15 to receive \$75 off the cost of the trip.

PARTICIPANT STATEMENT

As a participant in the Beth El Alternative Spring Break I understand that I must abide by all the rules of the Beth El Kinnus Code. I agree to attend all and meals. I will observe all curfews and rules. I understand that any damage done to the property of others for which I am responsible will be billed to me. I agree not to bring or use (consume) any alcoholic beverages or any other narcotics at any time during the event. I understand that violation of these rules can result in my immediate removal from the event at the expense of my parents. I will do all that I can to make this program a successful one of which all participants can be proud.

Signature of Participant _____ Date _____

PARENTAL CONSENT

I hereby give my son/daughter, _____, permission to attend the Beth El Alternative Spring Break. I understand that my child will be a participant in the program beginning on March 27, 2016 and concluding on March 30, 2016. I understand that all necessary safety precautions and chaperones have been arranged by Congregation Beth El of Montgomery County. I understand that I am liable for all damage caused by my child to the property of others, and will reimburse Congregation Beth El of Montgomery County as such claims as determined by Elisha Frumkin, Associate Education Director and Adam Zeren, Youth Director of Congregation Beth El of Montgomery County. I agree to hold harmless and indemnify Congregation Beth El of Montgomery County from any and all claims or causes of action instituted by my child or on behalf of my child arising out of his/her participation in the Alternative Spring Break Trip. I have reviewed the attached Kinnus Code with my child and understand that he/she must comply with the Code or be subject to disciplinary action to be determined by the Beth El of Montgomery County Youth Director and Associate Education Director. I understand that my child may be sent home from the trip at my expense if found to be in violation of this Code. Furthermore, in the event that I cannot be reached in an emergency, I hereby grant permission to the physician selected by the trip director to hospitalize, secure proper treatment for, and to order injections, anesthesia, or surgery for my child as named above. Of course, in the event of an emergency, every effort will be made to reach the parents or their proxy. I have been made aware of the fact that the event in which my child is participating may be photographed by either amateur or professional photographers, and that the photographs taken may be used both for purposes of reporting on the event or for such other use as Congregation Beth El may determine. I have no objection to the pictures taken being used at any time for promotional use. It is my understanding that by signing this document I consent to the use of the pictures just referred to for any purpose whatsoever.

Signature of Parent/Legal Guardian

Date

BETH EL CODE OF CONDUCT

Rules are necessary for any group activity to be successful. Our goal is to provide a safe, fun, and exciting experience for everyone. We do not expect any problems, but the rules for the alternative spring break trip are listed here for your information.

1. Kashrut will be strictly observed. All food must conform to standards of the United Synagogue of Conservative Judaism. Kinnus policy is to wait 3 hours between eating meat and milk products.
2. No one is to leave the program site at any time without the express permission of Adam Zeren or Elisha Frumkin.
3. There will be no visitors, youth or adult, without the permission of Adam Zeren or Elisha Frumkin.
4. All participants will be at all scheduled activities, and will arrive on time.
5. Participants will not use or have any contact with alcoholic beverages or illegal drugs, nor will they tolerate their use by others. This rule will be strictly enforced, and warnings will not be given. The minimum sanction for this behavior is immediate expulsion from the program (at parental expense) and prohibition from attending the next major regional convention.
6. Use of prescription medications is restricted to the individual for whom they were prescribed.
7. Smoking by youth participants is not allowed at any time.
8. No participant may be away from his/her room after curfew without the permission of Adam Zeren or Elisha Frumkin.
9. Use of any waterfront or pool facility will only be allowed in the presence of a licensed lifeguard.
10. Males and females may not be in each other's rooms or alone in any unsupervised fashion.
11. Beth El reserves the right to search the belongings of any participant as well as the living space any participant inhabits during the course of any event.
12. All participants will be expected to show *derech eretz* (common courtesy) to one another at all times. Disrespectful behavior toward staff will not be tolerated.

Signature of Participant

Date